

## EXERCISING OUR SPIRIT

There is a whole teaching out there among the Christian community; that Jesus did it all on the cross so we don't have to do anything. This is a very subtle deception because it keeps believers in darkness. It is a partial truth.

Jesus has done everything on the cross, but that does not mean that we have appropriated that perfect provision in the time realm. He has sent the Holy Spirit to us, and His job is to take what Jesus provided and transfer it into our being so that we experience it, begin to live in it and then minister it to others.

As we get to know the Holy Spirit personally, He leads us into all the truth. He shows us how it all works, so that we can participate in the provision that Jesus has made for us.

So the Holy Spirit is going to teach us step by step how to appropriate the finished work of Jesus Christ. We are going to learn how to be continually filled with the Spirit, so that the life of God is continually flowing into our spirit.

Jesus has made a perfect provision for our perfection. His life is perfect, it is divine, so all we have to do is learn how to tune into it so that it flows into us and then out into the world around us.

We have to learn how to draw the Spirit of God into us. We are commanded to be filled with the Spirit. So it is our responsibility and not God's. He has made the provision, without the provision we could not manifest it.

We are commanded to be perfect. The life of God that we receive when we are born again is perfect, but it is something that grows and

develops in us. This perfection is something that we grow in; it is no longer I who live, but Christ who lives in us. But he has to be formed in us.

As we learn how to be continually filled with the Holy Spirit, then the Holy Spirit will reveal to us areas in our soul that block or restrict the life of God being manifest in us and through us.

*John 7: <sup>37</sup>In the last day, that great day of the feast, Jesus stood and cried saying, If any man thirst (to eagerly long for), let him come(continuous action, to come and keep coming), unto me, and drink(continuous action-drink and keep drinking,. <sup>38</sup>He that believeth on me, as the scripture hath said, out of(motion out of) his belly shall flow (unhindered steady movement, experience of heightened awareness, emanate-send out)rivers of living( continuous action, eternal life) water(the enlivening, influences of the Holy Spirit). <sup>39</sup>(But this spake he of the Spirit, which they that believe on him should receive: for the Holy Ghost was not yet given; because that Jesus was not yet glorified.)*

The Holy Spirit is pictured as rivers of living water that flow into and out of our spirit.

We have to learn how to practice the fruit of the Spirit. The fruit of the Spirit are divine attributes. When our spirit is alive to God, we can tune into them so that our spirit is aware of them.

We can tune into the love of God, so that our spirit senses it and then we practice loving God and people with it.

We can tune into the peace of God, so that it is continually flowing into us and then we can minister it to others.

We can tune into the joy of God, so that it is continually flowing in us and then we can manifest it to others.

As God reveals his divine nature to us so that our spirit becomes aware of it, then our spirit can tune into it and grow and develop in it.

It is difficult to locate our spirit, unless we have been baptized in the Holy Spirit with the ability to speak in tongues.

To be baptized in the Holy Spirit, means that the Holy Spirit comes upon us and we are literally immersed in God, we become aware of the Presence of God in the atmosphere so that our soul senses God and our body feels God. Our whole being is filled with God, and in this awareness we become aware of words given us in our spirit and we need to speak them.

When we speak in tongues we can immediately locate our spirit. When we speak in tongues we are drawing from the Holy Spirit because He is giving us utterance. The words we are speaking are spirit and life. We are experiencing the flow of the Spirit through words.

When we minister to people, we can sense the flow of the Spirit in our words. Our words are spirit and life. We are either speaking from our spirit, consciously aware of the anointing or we are speaking from our soul independent of God.

When we learn how to be continually filled with the Spirit, then our words will be an outflow of the Spirit of God in us.

When we speak in tongues we are conscious of our spirit, we need to be aware of the different senses of our spirit so that we can be aware of the life of God flowing into them.

We have to learn how to keep the life of God flowing in our spirit, so that our soul does not act independently of it. Our spirit can then filter all the thoughts and feelings that come into our soul to be able to discern if they originate in God or not.

So we can keep the life of God flowing into us by praying in tongues. This is called praying without ceasing. Praying is a two way communication with God. All we have to do is speak a few words in tongues to become aware of our spirit, and then we practice being aware of our spirit throughout the day.

In order to walk in the spirit, we have to be aware of our spirit. Our will has direct control over our spirit. So we have to keep our spirit active by praying in tongues and tuning into the Fruit of the Spirit.

Our will does not have direct control over our soul. Our soul has basic needs. And when these needs are not being met in God our soul can become troubled. The circumstances which are troubling us do not go away until, we find out exactly what God is trying to work into our spirit and then once that part of his nature is worked into us, the problems no longer bother us or we find our needs being met in God.

If our soul is being clouded or oppressed by the things of this world-we can dial out the conscious level and reach into the realm of the Spirit until our spirit is strengthened enough- where the things that our soul is aware of, that are contrary to God, lose their power of influencing the things we do and say.

Anytime we are depressed or discouraged we never see anything clearly, revelation comes when we have the proper condition of spirit. In order to have our needs met in God we have to be led by the Spirit. God will withhold no good thing from those who walk uprightly before Him.

There is a continual war over the flow of the Spirit in our lives; a walk with God is a flow of the Spirit. When we learn how to live from the inside out, then we will no longer be looking to the world to meet our needs, but we will find God providing for our needs through His perfect provision.